

AGB S FROMTRUSTTOLUST | LIGHT FESTIVAL

11.-14.JUNI 2026

The following agreements apply for participation in the retreat. If you do not agree with an agreement, please discuss this with us in advance.

If you do not adhere to the agreements during the festival after multiple reminders, we reserve the right to exclude you from the retreat (without a refund of the festival costs).

- I commit to not consuming any consciousness-altering substances during the whole festival. If I am dependent on consciousness-altering substances, I will discuss this with the organizers in advance.
Excluded: coffee, cacao, tobacco
- If I have a history of mental illnesses or emotional, physical, or sexual abuse (as a victim or perpetrator), I will inform the organizers beforehand.
- I come with the intention and capacity to be present, to breathe, to feel, and to authentically express myself with what is alive in me (emotions, thoughts, sensations), to be authentically visible and tangible within the whole group.
- I am completely free to participate or not in the individual activities invited by the organizers, and to what extent. And I actively take responsibility for the speed, nature, and depth of my experiences.
- I arrive on time for the event and the individual group sessions with the intention of staying until the closing. And if I do wish to leave the festival early, I will discuss this with the organizers beforehand.
- I behave respectfully towards all participants, assistants, and organizers.

- I am aware that this event can evoke intense emotions. I am able to regulate myself and/or seek support from the assistants or organizers if needed.
- Confidentiality: I commit to not disclose the names of the other participants outside of the festival.
- I am looking for contact with the organizers if a traumatic memory was activated during or as a result of the event.
- I actively take time after the festival to consciously integrate my experiences.

Cancellation policy:

Tickets are transferable to another person.

Refund up to 3 months before the event: 100%

Refund up to 1 month before the event: 50%

After that, the entire ticket price will not be refunded anymore.